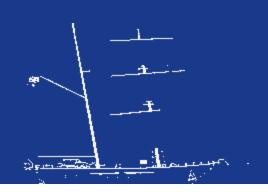


"LIFE CHANGING IN SO MANY WAYS. YOU GAIN MASSIVE PERSONAL GROWTH. I JUST HAD TEARS ROLLING DOWN MY FACE READING MY JOURNAL WITH LETTERS FROM MY CREW. INCREDIBLE EXPERIENCE. HOPE TO SEND MY 11 YEAR OLD SON WHEN HE TURNS 16."

Hayley Currie





HELP YOUR TEEN REACH THEIR FULL POTENTIAL ON BOARD TALL SHIP STS YOUNG ENDEAVOUR. DURING EACH 11 DAY VOYAGE, PARTICIPANTS DISCONNECT FROM SOCIAL MEDIA AND LEARN COMMUNICATION, TEAMWORK AND LEADERSHIP SKILLS. YOUTH CREW ARE ENCOURAGED TO EXPLORE PERSONAL AND TEAM GOALS. AS A RESULT THEY BECOME MORE SELF-AWARE AND DEVELOP CONFIDENCE AND RESILIENCE.

## THE YOUNG ENDEAVOUR YOUTH DEVELOPMENT PROGRAM

For 30 years, the Young Endeavour Youth Scheme has delivered a world recognised sail training program in the brigantine STS *Young Endeavour* to young Australians aged 16 to 23.

As a member of the 24 strong youth crew, your child will be challenged to sail a square-rigged tall ship, including learning how to navigate, keep watch, cook in the galley, set and furl sails, climb the 30 metre mast, and take the helm. During their 11 days at sea, they will live 'between decks' in a close community with youth from all parts of Australia. While living in close quarters they will respect the personal space of fellow youth crew and be responsible for the collective cleanliness of the ship.

The adventure at sea is delivered by professional Royal Australian Navy personnel who have been carefully selected and trained to ensure the highest standards of safety and care. The staff crew encourage each participant to identify and pursue personal and team goals and provide them with the tools to meet and negotiate the challenges.

The tall ship environment provides a unique and powerful opportunity in which to conduct outdoor education. The immersive nature of the program encourages youth to rapidly develop interpersonal, leadership and teamwork skills, which are transferable to everyday life and career settings.

Our youth development program is structured into three distinct phases:

#### **CRISIS PHASE**

During their first three to four days the youth crew face circumstances that are unfamiliar and confronting. With the support of staff they discover their inner strength and resilience as they learn to overcome seasickness, a lack of sleep, living and working with new and unfamiliar people, and learn new skills and sailing terms.

#### TRANSITION PHASE

During the Transition Phase, the youth crew move from instructor-to self-led activities. As their ability to sail the square-rigged ship improves, they take on leadership roles within each watch of eight youth crew members.

#### **ARRIVAL PHASE**

Towards the end of the voyage the Command of *Young Endeavour* is handed over to the youth crew for 24 hours. During this period the youth crew put into practice what they have learnt utilising their communication, teamwork and leadership skills. On the final day, the youth crew host a group of young Australians with a disability, sharing their experiences and further reinforcing the learning outcomes of the youth development program.

"MY DAUGHTER WAS A YOUTHIE IN DEC 2018. SHE HAD AN AMAZING TIME AND REALLY DIDN'T WANT TO COME HOME. SHE HAD NO SAILING EXPERIENCE AS WE LIVE IN RURAL NSW. THE STAFF ARE AWESOME, SO PASSIONATE ABOUT WHAT THEY DO. I RECOMMEND THIS TO ANY YOUNG PERSON WHO WANTS TO STEP OUTSIDE THEIR COMFORT ZONE AND SEE WHAT THEY CAN REALLY ACHIEVE."

Casandra Hughes



"WHEN I WAS AT HIGH SCHOOL I THOUGHT LEADERSHIP WAS ONE DIMENSIONAL. BEING ON YOUNG ENDEAVOUR AND WORKING IN A TEAM, I'VE LEARNT THAT BEING A LEADER ISN'T JUST ABOUT BEING IN CHARGE. IT IS ABOUT SHOWING PEOPLE THROUGH ACTION AND WORKING WITH A TEAM FOR A COLLECTIVE GOAL."

Mohammad Semra V13/18

#### **INCREASE THEIR SELF-CONFIDENCE**

Our 11 day voyages are a real adventure. With no phones or wi-fi, youth crew live in the moment. With the wind in their hair and salt on their skin, they discover what they're capable of as they're pushed out of their comfort zone and encouraged to develop communication and teamwork skills.



# ABOUT THE YOUNG ENDEAVOUR YOUTH SCHEME

The Young Endeavour Youth Scheme is a not for profit organisation which delivers a dynamic sail training program for young people in the 44 metre, purpose built tall ship STS Young Endeavour.

Young Endeavour is the bicentenary gift from the United Kingdom to the people of Australia. Since 1988, thousands of young Australians have undertaken challenging training voyages under the guidance of nine specially trained Royal Australian Navy crew.

Young Endeavour undertakes around 20 voyages each year, mostly along the east and south coasts of Australia. During each voyage the ship embarks 24 young Australians for an 11 day adventure at sea.

Our youth crew come from around Australia - from capital cities, regional centres and rural communities in every state and territory. They include students, apprentices, graduates, trainees and employees who have gone on to work and volunteer for a range of organisations, and to make a significant contribution to society.

As more young people want to sail than we have berths for, Young Endeavour Youth Scheme operates a ballot system. Names are drawn randomly by a computer, and first round offers are made around two months after the ballot is announced. If an offer is rejected by an applicant, further offers are made until the voyage is full. Applications for voyages are accepted all year around via our website www.youngendeavour.gov.au.

## WHAT DOES IT COST?

A standard 11 day voyage in STS *Young Endeavour* is \$1,950. This covers accommodation and all meals aboard the ship. Participants receive a kit bag containing a crew shirt, hat, sailing gloves and voyage handbook. Travel to and from the ship and travel insurance are not included.

A limited number of financially assisted berths are offered each year to applicants whose parents receive a Centrelink benefit. Visit our website for further information www.youngendeayour.gov.au.

## WHO IS ELIGIBLE?

Voyages in *Young Endeavour* are open to all Australian youth and permanent residents aged 16 to 23. No sailing experience is necessary.

#### Applicants must:

- be Australian citizens or permanent residents
- be aged 16 to 23 years on the day the voyage starts
- · weigh less than 120kg
- be able to swim 50 metres
- be in good health.

Please note there are certain medical conditions, including some controlled by medication, that preclude participation. Offers are provisional and subject to completion of a health questionnaire.



THE VOYAGE WAS AMAZING. ON BOARD YOU GET A REAL SENSE OF ACHIEVEMENT WHEN YOU ARE PUSHED TO YOUR LIMIT AND YOU DO THINGS THAT YOU DIDN'T THINK YOU WERE CAPABLE OF. I'VE MADE NEW FRIENDS FROM AROUND THE COUNTRY AND I'VE LEARNT SO MANY NEW SKILLS. BEFORE YOUNG ENDEAVOUR I WAS THE SORT OF PERSON WHO WOULDN'T TRY SOMETHING IF I DIDN'T THINK I COULD DO IT, BECAUSE I'VE DONE THIS, I KNOW THAT I CAN CHALLENGE MYSELF TO DO MORE."

Juhee Han V13/18



**EXPAND YOUR HORIZONS**